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Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sadness. At some point or other nearly everyone suffers its symptoms. Fatigue, difficulty sleeping and concentrating, appetite changes, listlessness, restlessness, hopelessness, even thoughts of death. Mental illness has reached epidemic proportions, affecting some 60 million Americans in any given year. Chief among disorders of the mind, depression is a major cause of lost years of healthy life worldwide....

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- Authored by Adam Dave
- Released at 2014



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