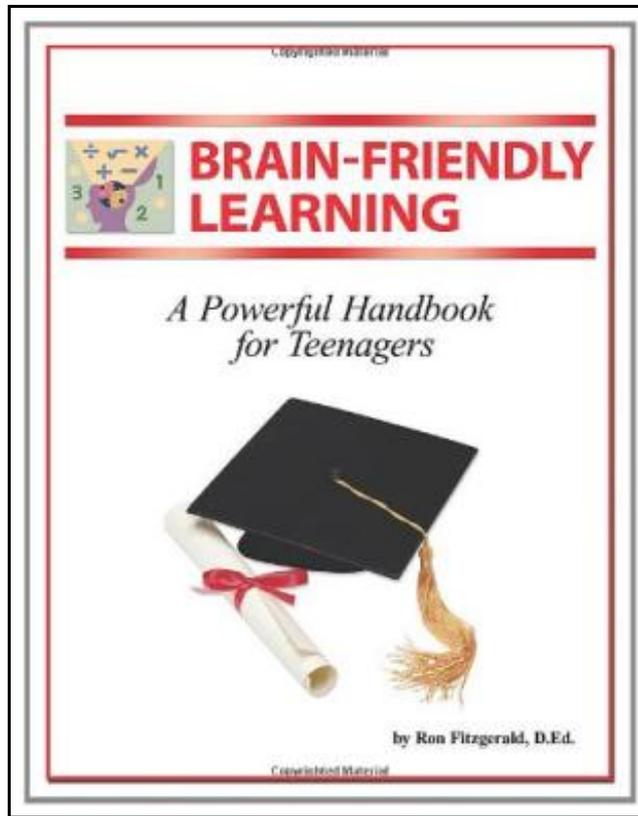


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BRAIN-FRIENDLY LEARNING: A POWERFUL HANDBOOK FOR TEENAGERS (PAPERBACK)



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Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The Handbook: This compact handbook is a great resource for any high school or middle school student. It uses recent brain research to help a teenager learn how to use his or her unique brain most effectively in school and then in college or on a carefully selected career path. Summary of Main Points Explained in the Handbook 1. Using brain-friendly techniques improves learning. 2. LEARNING HOW TO LEARN is an important subject. 3. Brain characteristics vary based on left-right dominance and upper-lower thinking preferences. 4. The left brain favors logic, words, and numbers. 5. The right brain favors randomness and images. (Use drawings in your notes.) 6. Different styles of receiving information include auditory, visual, somatic, and reflective. 7. Use your preferred style for difficult learning, but grow your comfort with other styles also. 8. Graphic organizers can be useful to most learners. 9. The brain tends to remember useful information. 10. Using multiple senses usually results in more learning than using one sense. 11. Discussion with others can aid learning. 12. Using information gives it meaning and helps learning. 13. Teaching others helps you to learn more. 14. Each of us has multiple types of intelligence or thinking techniques, but most of us have intelligence or talent preferences. 15. As with learning styles, use your preferred intelligences but grow others also to gain the most thinking power. 16. Emotional intelligence is especially important to career success. 17. A cause and effect diagram can be a powerful thinking and planning tool. Use it to grow planning power in your pre-frontal lobes. 18. A Brain Preference Test can give you important information on your thinking preferences....

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