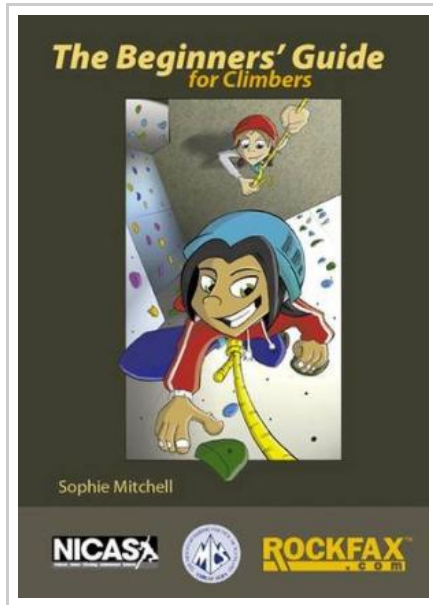




The Beginners' Guide for Climbers

By Sophie Mitchell, Sophie Mitchell

Rockfax Ltd. Hardback. Book Condition: new. BRAND NEW, The Beginners' Guide for Climbers, Sophie Mitchell, Sophie Mitchell, This is a new book aimed at young climbers learning the National Indoor Climbing Achievement Scheme (NICAS). It features cartoon illustrations giving step-by-step instructions on the basic skills required for Levels 1 and 2 of the scheme and is fully endorsed by NICAS. It is also endorsed by the Mountaineering Council of Scotland. The book is beautifully illustrated by Sophie Mitchell with appealing drawings and comes with a robust hardback fold-out cover and is package with a short section of cord which enables readers to practice the knots they are learning in the book.



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Reviews

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